



## **PRINCIPAL TRANS-THORACIC VIEWS**



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#### **PRINCIPAL TRANS-THORACIC VIEWS**

Trans-thoracic evaluation is the most commonly performed echocardiographic evaluation of the critically ill patient. It is fast to perform and can easily be repeated.

However, trans-thoracic visualization of the heart is usually of average quality in ICU patients, especially when mechanically ventilated. Accordingly, some views cannot always be obtained.

## TTE in the ICU: not always easy to perform!



#### **TRANS-THORACIC VIEWS**

Due to the specific conditions of the patient, it is not uncommon that the probe needs to be positioned slightly differently.

Although most of the morphologic evaluations are still valid, most of the hemodynamic indices will be influenced by the angle of the beam.

#### **Principal views (and probe positions)**

- Parasternal views
- Apical views
- Subcostal views



- Parasternal views
- Apical views
- Subcostal views



- Parasternal views
- Apical views
- Subcostal views











## **PARASTERNAL VIEWS**

- Parastenal views:
  - Parasternal long axis
  - Parasternal short axis



approad

Suprasternal

approach

## **PARASTERNAL (long and short axis)**



#### PLA (PSA = probe rotation by 90°)

## **PARASTERNAL VIEWS**

Parasternal long axis



## •Visualizes:

- IV Septum
- RV ant wall
- LV postero lat wall
- LVOT
- Ao root





#### **Measurements:**

- Dimensions LV/RV
- Shortening fraction (TM)
- LVOT diameter



Parasternal long axis (TTE) Mesurements of LV/RV dimensions and calculation of shortening fraction (TM)

The use of time-movement (TM) mode allows to measure telesystolic and telediastolic LV dimensions and to calculate shortening fraction.

Ideally, this view should encounter the mitral valve papillary muscle, in the median part of LV.





Calculations: SF (diam) = (TDLVD – TSLVD) / TDLVD Calculation of LV volumes Cube formula (V = D<sup>3</sup>) Teicholz formula [V = 7D<sup>3</sup>/(2.4 + D)]

Other interest of this view: Allows visualization of paradoxal septal movement (and its localization in cardiac cycle with time-movement mode).

## LATERO STERNAL VIEW

- Parasternal long axis
- Parasternal short axis



The median portion (mitral valve papillary muscle) is the most commonly used. Up and down angulation of the probe allows visualization of basal regions (up) or apical regions (down).











#### **Visualizsation:**

IV Septum

11. 37

V 30

TEE

LIST.

(BY)

31-12

- Anterior, postero lateral and inferior wall of LV
- Anterior wall RV



# Ideal for detecting paradoxal septal movement.





#### Ideal for detecting paradoxal septal movement.



## Principal mesurements: • RV/LV dimensions

#### LV area



H 82227:2 SBMM/S MIT:0



Mitral valve papillary muscles (median portion LV).



#### ETT parasternal short axis (BASAL)

#### Upper angulation of the probe





## ETT parasternal short axis (BASAL)

RV outflow

Left atrium

Aortic Valve

> Tricuspid valve

Right atrium

Right atrium



#### ETT parasternal short axis (BASAL)

Upper angulation of the probe

 $\Rightarrow$  RV ejection flow, just <u>above pulmonary valve</u>.



#### **ETT parasternal short axis (BASAL)**

Upper angulation of the probe

 $\Rightarrow$  RV ejection flow, just <u>above</u> pulmonary valve.

 $\Rightarrow$  Measurement of CO with velocity time integral (VTI) and pulmonary artery diameter (EV = VTI x  $\pi$  D<sup>2</sup> / 4).

 $\Rightarrow$  Signs of pulmonary hypertension :

- (2) A short acceleration time (onset to peak <100 ms) evokes PAH
- (2) Flow morphology: A biphasic flow evokes massive pulmonary embolism

#### **Pulmonary flow acceleration time**



PAPm 35 mmHg

**APICALS VIEWS** 

#### Apicals views:

- Apical 2 chambers
- Apical 4 chambers
- Apical 5 chambers

Probe in V-VI<sup>th</sup> intercostal space / medioaxillary line

ach

Apica

Suprasternal

approach

10.1.11.1.1.1.1

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## **ETT apical view**



## ETT apical view



## ETT apical view 4 chambers



#### **ETT apical view: 4 chambers**



#### **ETT apical view: 4 chambers**



#### **ETT apical view: 4chambers**



#### ! L/R Orientation of the probe !

## Visualization:

• RV (free wall)

# ETT apical view (4 chambers)

- IV Septum
- LV (apical, lat wall, LVOT)
- LA
- RA
- IA Septum



#### **ETT apical view: 4 chambers**

#### **Measurements:**

- Diameters long and short axis RV and LV
- Surfaces LV (RV)
- LA
- RA

## **Calculations:**

- RV Dilatation (surfaces): TDSRV/TDSLV (nl<0.6)</li>
- Volumes: TDVLV and TSVLV => EF (surface / length estimation, now replaced by Simpson method)

#### **ETT apical view: 2 chambers**



http://info.med.yale.edu/intmed/cardio/echo\_atlas/views

## **ETT apical view: 2 chambers**



#### **ETT apical view: 5 chambers**



## Aortic flow (CO measurement / gradient)

## **SUBCOSTAL VIEWS**



Sub xyphoidal: probe directed to left scapula

## **SUB COSTAL VIEWS**



## **SUB XYPHOIDAL VIEW**



## **SUB XYPHOIDAL VIEW ~ A4C**



#### ETT Sub costal view (sub xyphoidal)



## **SUB COSTAL VIEWS**

#### Visualization:

IVC

- Inferior vena cava
- Hepatic veins
- " 4 chamber view" (but measurements may be erroneous due to angle of the beam)

## **SUB COSTAL VIEWS**

#### **Mesurements:**

- Inferior vena cava (estimation of CVP)
- Respiratory variations



**! IVC diameter varies** according to the site of measurement !

=> Respiratory variations are more useful than absolute value

#### **Estimation of CVP ?**

#### **Based on relationship between size and pressure**

#### **Biased:**

- vascular compliance
- pleural pressure (intra- vs extra- thoracic)
- semi-quantitative assessment

Jue et al JAmSocEcho 5:613;1992

#### Measurements of CVP by IVC diameter (mechanical ventilation)

**Poor correlation (r=0.13) but:** 

- Diameter < 12 mm had a 100% specificity (but a 25% sensitivity) to diagnose a CVP<10 mmHg
- Diameter > 12 mm had no predictive value

## **SUB COSTAL VIEWS** Respiratory fluctuations IVC (TM mode)



#### What do you need for hemodynamic evaluation ?

A4C =:	>	<b>RV/LV surfaces / PA pressure</b>
A5C =:	>	Aortic flow
PLA =	>	LV diameter (FS) / LVOT diam
PSA =:	>	contractility / LVDarea
Subcostal =	>	inferior vena cava

## Good quality Doppler signals can often be obtained even when the quality of 2D echo is poor!

# Do not hesitate to perform a TEE examination when TTE does not give the answer...



#### **TT ECHO: PRINCIPAL VIEWS**

## Conclusions

The hemodynamic evaluation with trans thoracic echocardiography requires at least the visualization of parasternal views (LA and SA) and an apical 4 chambers view.

The echographist should adapt himself to the patient. When hybrid views are used, absolute values of measurements may be erroneous, but changes are still valid.

It is mandatory to always use the same views to estimate the impact of interventions.